

# Urias<sup>®</sup> Air Splints

## Parsnip Finger Air Splints Instructions for Use



Arden Medical



# Urias® Non Sterile Parsnip Finger Air Splint

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### Overview

This air splint is intended for use in assisting the increase of extension at the joints of the fingers where flexion contractures exists.

The device can be used in progressive release of severe contracture.

The initial kit consists of 1 x 'parsnip' air splint, 2 x covers and 1 x bulb pump.

The splint is designed to be used with a cloth cover (2 x supplied) which can be detached after use and cleaned / washed.

The initial air splint is assembled with 1 cover and is ready for use.

### Usage

Using the attached pull tag (A) at the pointed end of the cover / air splint, insert the splint from the index finger or little finger depending on individual assessment of severity.

Pull the cover / air splint into the clenched hand to a depth / diameter deemed to be most comfortable for the patient.

Insert the clear end nozzle of the bulb pump (B) into the air splint non-return valve (C) and inflate to the desired comfortable level.

A progressive opening of the fingers / clenched hand should be obtained and can remain in place for the therapy session (an ink marker could be used to make a reference at the diameter to measure progress and consistency of re-placement).

Once therapy has finished the air splint can be retracted and deflated by inserting the black end of the bulb pump (D) into the air splint non-return valve (C) and exhausting the air.

The practice can be repeated each therapy session, pulling the air splint further into the hand and expanding the opening to the desired level.



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